**IS IT EVER HARD TO CONNECT**



**WITH YOUR TEEN**

**about their values and making healthy choices?**

**Linking Families and Teens** is a free 6-hour program that brings teens (ages 13-19) and their supportive adult(s)*\** together to learn how to share family values, strengthen family bonds, and talk about the tough stuff – like sexual health and relationships.

* Encourage your teen to **open up to you**
* Support your teen to **achieve their goals**
* Help your teen **make healthy choices**
* **Connect** with other parenting adults in your community

**October 16th from 10:00 - 4:00pm**

*\*Supportive Adult is any parent, caregiver, grandparent, aunt or uncle, or other important adult in the life of a teen.*

**Questions? Want more information?**

Register: https://tinyurl.com/28c3ezjb

Contact: Kaleigh Bronson, kaleigh@canyoncreekservices.org

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